

# CPR/FIRST AID & AED

This **Heart Saver First Aid Course** developed by the **American Heart Association** teaches rescuers to effectively recognize and treat adult emergencies in the critical first minutes until EMS personnel arrive. The course also provides a complete health and safety training solution for first aid, adult CPR (cardiopulmonary resuscitation).

## THE COURSE WILL COVER:

- 1) **Medical Emergencies;**
- 2) **Environmental Emergencies in First Aid;**
- 3) **Adult Chain of Survival and the importance of calling 9-1-1;**
- 4) **Techniques of adult CPR:**
  - **Airway: Opening the airway;**
  - **Breathing: Checking breathing and performing rescue breathing if needed (with or without a barrier device);**
  - **Circulation: Checking for signs of circulation and performing compressions and ventilations;**
  - **Rescue techniques for choking adults;**
- 5) **Legal and ethical issues.**



**CERTIFICATION:** Both CPR & First Aid are for 2 years. For individuals who have not been certified by the American Heart Association, and who now require CPR recertification, it is recommended that they take the entire CPR/First Aid class.

**FRIDAY, FEBRUARY 23, 2018**

**7:30 AM - 1:30 PM**

**CCIA MEMBERS: \$125 | NON-MEMBERS: \$150**

*Cost includes 6.35% Sales Tax, course materials and certificate.*

**INSTRUCTOR:** Maxine L. Schiraldi, Cintas Training & Compliance Instructor, American Heart Association & BLS Instructor, OSHA General Safety Instructor

**LOCATION: CONNECTICUT CONSTRUCTION INDUSTRIES ASSOCIATION**  
912 Silas Deane Highway, Suite 112, Wethersfield, CT 06109

**REGISTER BY RESPONDING TO: JOHN WILHELM:**

**E-mail: [jjwilhelm@ctconstruction.org](mailto:jjwilhelm@ctconstruction.org) | Phone: 860-529-6855**

COMPANY \_\_\_\_\_

PHONE: \_\_\_\_\_ E-MAIL: \_\_\_\_\_

ADDRESS \_\_\_\_\_

ATTENDEES \_\_\_\_\_

TOTAL ENCLOSED: \$ \_\_\_\_\_ Make Checks Payable to: CCIA  
Send to: CCIA, 912 Silas Deane Highway, Suite 112, Wethersfield, CT 06109

**REFUND POLICY:** Registrants will receive a full refund provided CCIA is notified at least ten (10) days prior to the start of the program. No shows will be billed at full price.