

# First Aid + CPR AED Training

Get Certified in CPR and First Aid

#### About the HSI First Aid/CPR AED Course



This four-hour Health & Safety Institute course has been approved by the HSI Medical Advisory Board and reviewed by the HSI Advisory Council. It reflects the latest resuscitation science and treatment recommendations published by the International Liaison Committee on Resuscitation (ILCOR). It also conforms with the 2020 American Heart Association (AHA) Guidelines Update for CPR and ECC and the annual Guidelines Update. Certification period: 2 years from month of issue.

# First Aid + CPR AED Training

### Presented by:

**Jason Race, ProActive Safety** 

#### Jason will cover:

- Sudden Cardiac Arrest (SCA)
- CPR and Defibrillation
- Chain of Survival
- Assessment & Chest Compressions
- Using an AED
- Relief of Choking
- First Aid Assessment
- Taking Precautions

... and more

# **In-Person Training at:**

CCIA Training Room 912 Silas Deane Hwy., Suite 112 Wethersfield, CT

7:15 AM Registration 7:30 AM Course Starts 11:30 AM Course Ends



#### Cost:

\$150 CCIA Members \$175 Nonmembers

## **Course Dates:**

- Fri., January 26, 2024
- Fri., February 23, 2024
- Fri., March 22, 2024
- Fri., April 26, 2024

Register online: www.ctconstruction.org/first-aid

Questions? Contact: Melissa Thompson

mthompson@ctconstruction.org or 860-529-6855