



OSHA 30-Hour Course

Thursdays (January 11, 18, 25, February 1, 2024) • 7:30 am to 4:15 pm
CCIA Training Room, 912 Silas Deane Highway, Suite 112, Wethersfield, CT



Last Year's Participants Say it Best ...

"Very good content, real life examples."

"All teachers had a lot of experience."

"Great presentations and speakers."

"Very knowledgeable."

"Great participation from all."

"Would recommend this course to everyone."

"Knows what he's talking about."

"Like having different guest speakers. Keeps it interesting."

January 11	January 18	January 25	February 1
<ul style="list-style-type: none"> • Intro to OSHA Instructor: Marianne Bonito, OSHA • Focus 4: Falls Instructor: Mike Ziskin, Field Safety Corp. • Health Hazards/GHS Instructor: Mike Ziskin, Field Safety Corp. • Focus 4: Caught In/On/ Between Instructor: Mike Ziskin, Field Safety Corp. • Motor Vehicles, Signs, Barricades Instructors: Mike DeLuco, Marcus Stevenson, Tilcon CT 	<ul style="list-style-type: none"> • Cranes and Rigging Instructor: Ed Shapiro, Heavy Equipment Services • Safety Leadership Culture Instructor: Justin Griffith, Dimeo Construction Co. • Scaffolds Instructor: Chip Darius, Safety Priority • Stairways and Ladders Instructor: Justin Griffith, Dimeo Construction Co. • Confined Space Instructor: Justin Griffith, Dimeo Construction Co. 	<ul style="list-style-type: none"> • Managing Safety and Health Instructor: Alex White, Harry Grodsky & Co., Inc. • Excavations Instructor: Marko Kaar, Bartlett Brainard Eacott, Inc. • Silica Instructor: Marko Kaar, Bartlett Brainard Eacott, Inc. • Hand and Power Tools Instructor: Justin Griffith, Dimeo Construction Co. • Steel Erection Instructor: Tim Barbaret, O&G Industries, Inc. • Concrete and Masonry Instructor: Tim Barbaret, O&G Industries, Inc. 	<ul style="list-style-type: none"> • Fire Protection Instructor: Scott Picicelli, Travelers • Focus 4: Electrical Instructor: Justin Griffith, Dimeo Construction Co. • Focus 4: Struck By Instructor: Leah Rumore, The Middlesex Corp. • P.P.E. Instructor: Tom Retano • Scaffolds, Boom and Scissor Lifts Instructor: Shawn Scalora, Mazzotta Rentals • Hazard Recognition Instructor: Justin Griffith, Dimeo Construction Co. • Mental Health Instructor: Kyle Zimmer, IUOE Local 478

Register online at www.ctconstruction.org/osha30

Cost: \$250 per person (Includes 6.35% CT sales tax) (Breakfast and lunch included.)

Max: 30 Students (Student MUST bring laptop to each class.)