



Connecticut Construction Industries Association



The CCIA Safety Committee Presents:

A SAFETY ROUNDTABLE DISCUSSION

The Importance of Ergonomics in Construction

Presented By:

***Elizabeth Calvanese, President
Goggin Safety Service***

Ergonomics, or more specifically, the importance of it, will be the subject of our next Safety Roundtable. Elizabeth Calvanese, President of Goggin Safety Service will be on hand to present a program on how practicing good, consistent ergonomic exercises every day can preserve your workers' health and prevent injuries, especially those involving the back, that can result in expensive workers' comp claims. Elizabeth will go through some stretching basics, plus how to bend and twist safely. She will also cover the costs on a company of not addressing good ergonomic behavior with its workforce.

The CCIA Safety Committee will meet immediately after the Roundtable at 2:15 p.m.

1:00 p.m., Tuesday, March 9, 2021

Via Webex

Email registration to jwilhelm@ctconstruction.org

Please register by Monday, March 8, 2021.

Name _____

Company Name _____

Additional attendee names _____

Upon registration, attendees will be sent two links: one to a Webex invitation which they may use to access the Roundtable at 1:00 p.m.; and another to access the Safety Committee meeting following the Roundtable at 2:15 p.m.